



## Sexuality Education Residency Summer 2011

The Sexuality Education Residency is a unique opportunity for college students in Minnesota to gain extensive training in delivering sexuality education to youth. The residency is a skills-based experience designed to prepare future teachers with tools and knowledge that promote adolescent sexual health. **Participants earn a \$1,000 stipend upon completion,** and may arrange for academic credit through their university.

The next Sexuality Education Residency will occur in January – May 2010 and includes four components:

- 1) **4 Day Intensive Training (early June 2011, exact dates to be determined)**
- 2) **30-hour field experience with a program mentor**
- 3) **Participation in 3 half-day seminars**

The ideal candidate will be an Education Major at a Minnesota college or university with an interest in teaching sexuality education to youth as a classroom teacher. Education Majors focusing in all subjects (including Health, Physical Education, FACS, English, Social Studies, Biology and other Science disciplines, etc.) are encouraged to apply. Undergraduate and graduate students are welcome.

Up to 40 students will be selected for the Summer 2011 Residency. The training, seminars, and field experience all need to be completed by October 31, 2011, however each participant will choose the schedule that works best for them.. Field experiences will be scheduled according to the availability of students and mentors, and Seminars will be held monthly during the summer of 2011. ***Students must attend the complete 4-Day training dates which will occur in early to mid-June, dates to be determined.***

### Training

The initial training will teach about best practices in sexuality education, up-to-date sexual health information, and practical skills and content on relevant subject matter. Participants will:

- develop teaching skills required for sex education
- increase their understanding of personal values and beliefs regarding sexuality
- learn basic facts on contraception, sexually transmitted infections and HIV, pregnancy options, healthy relationships, and gender identity, and
- understand the teaching methods that impact factors for health promotion

### Field Experience

Additionally, students will partner with a mentor in the field and gain first-hand experience teaching sexuality education. These mentors work in community-based organizations or school settings that provide direct education to youth. Participants will use a co-teaching model to deliver lessons to young people. These sessions will be flexible, based on the availability of students and mentors, and will require approximately 30 hours total time commitment (plus travel time).

### Seminars

Three interactive seminars will be scheduled to cover further topics such as Teaching Sexuality Across Subject Areas, Navigating Sex Ed in Schools, or Curriculum Selection & Implementation.

**Applications are being accepted now through March, 2011.** Please submit your application early in order to ensure being considered. Students who are interested can download the application at [www.birdsandbees.org/training.htm](http://www.birdsandbees.org/training.htm) or contact April Jennings at [april@birdsandbees.org](mailto:april@birdsandbees.org) (11/10)