



Sexuality Education Residency Spring 2010

The Sexuality Education Residency is a unique opportunity for college students in Minnesota to gain extensive training in delivering sexuality education for middle and high school aged youth. The residency is a skills-based experience designed to prepare future educators with tools and knowledge that promote adolescent sexual health. Participants can earn a \$1,000 stipend upon completion, and may arrange for academic credit through their university. This program requires a time commitment approximately equal to a 2 credit class.

The next Sexuality Education Residency will occur in February – May 2010 and includes four components:

- 1) A 35-hour training held on **February 20-21, and 27-28, 2010**
- 2) A 20-hour field experience paired with a health educator
- 3) Participation in 3 half-day seminars
- 4) Optional conference attendance

The ideal candidate MUST be an Education Major or working toward a teaching licensure at a Minnesota college or university with an interest in teaching sexuality education to middle or high-school age youth in their future career as a classroom teacher. Education Majors focusing in all subjects (including Health, Phy Ed, FACS, English, Social Studies, Biology, etc.) are encouraged to apply. Undergraduate and graduate students are welcome.

Up to 14 students will be selected for the Spring 2010 Residency, which runs from February– May 2010. The training, seminars, and field experience placements are located in the Twin Cities metro area. Field experiences will be scheduled according to the availability of students and mentors, and Seminars will be held monthly (March, April, and May). ***Students must be available for all training dates, and are responsible for arranging their own transportation.*** We can offer assistance with lodging during the training if needed. Flexibility and dedication are essential for a successful experience.

Training

The initial training will teach about best practices in sexuality education, up-to-date sexual health information, and practical skills and content on relevant subject matter. Participants will:

- develop teaching skills required for sex education
- increase their understanding of personal values and beliefs regarding sexuality
- learn basic facts on contraception, sexually transmitted infections and HIV, pregnancy options, healthy relationships, and gender identity, and
- understand the teaching methods that impact factors for health promotion.

Field Experience

Additionally, students will partner with a mentor in the field and gain first-hand experience teaching sexuality education. These mentors work in community-based organizations or school settings that provide direct education to youth. Participants will use a co-teaching model to deliver at least 3 lessons to small groups or classes of young people. These sessions will be flexible, based on the availability of students and mentors, and will require approximately 20 hours total time commitment (plus travel time) over the semester.

Seminars

Three interactive seminars will be scheduled to cover further topics such as Teaching Sexuality Across Subject Areas, Navigating Sex Ed in Schools, or Curriculum Selection & Implementation.

Applications will be reviewed beginning Monday, January 4, 2010. We will continue to accept applications until spaces are filled. Please submit your application early in order to ensure being considered. Students who are interested can download the application at www.birdsandbees.org/training.htm or contact Amy Kodet at akodet@birdsandbees.org or 612-825-2000. (1/10)